

LAKESHORE LINES

June, 2010

Free and worth every cent!

2010 MEN'S RETREAT

Pursuit of Happiness Focus of Weekend

by Bill H and Don S

"It's a good thing our government hasn't worked out how to tax laughter. If it had, the 20 of us would've been bankrupt after last weekend's Men's Retreat." – anonymous participant

The weekend of May 27 – 31 saw twenty Deer Lake men make the perilous trip across the Strait of Georgia and up the Sunshine Coast peninsula - their destination.. Tony and Peggy's family sanctuary at water's edge near Sechelt. Their purpose: the pursuit of happiness and a bonding like no other. Kind of piques the interest doesn't it?

The men who were lucky enough to head up early spent Thursday and Friday hauling supplies, setting up and labouring - clearing brush from around the shoreline cabins and scrubbing their exterior, getting them ready for painting. Not that it was all work. When the jobs were done, a bunch hopped in cars and headed for the remarkable Skookumchuck Narrows. At road's end the hour-long hike to the Narrows did not disappoint.

At tidal change, the flow of saltwater reverses direction and causes 200 billion gallons of water (give or take) to pour through a narrow opening in the rock



Bunch of posers who attended the 2010 Deer Lake Men's Retreat

formation at about 16 knots (30 km/h). The difference in water levels between one side of the rapids and the other sometimes exceeds 9 ft in height.

It's a natural draw for thrill-seeking extreme kayakers and divers from across the globe. (I'm told that if Arnie and Ernie could have made up their minds – kayak or diving - they'd have gone in, no

question.)

By Saturday morning all had arrived and it was time to focus on this year's theme the Pursuit of Happiness. Led by Tony and George, we took a glimpse at three stages of life: the learning period (the early years), the working years and retirement.

(continued on page 3)

Vision Statement

Deer Lake United Church welcomes you into a Christian community for all ages that explores and expresses spirituality through:

- Worship and Music
- Fun and Fellowship
- Caring and Outreach
- Involvement and Growth

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THE JOY OF PREACHING**My Thoughts on the 2010 Festival of Homiletics**

by Rev. G. Scott Turnbrook

It was my delight to attend the annual Festival of Homiletics (www.goodpreacher.com) hosted this year by McCormick Seminary in Nashville, Tennessee. For over half a century, the festival has been gathering clergy from Mainline Protestant, Evangelical and Catholic churches across North America. 1300 clergy gathered (200 of whom were Canadian) to explore and nurture our ministry of sharing and preaching God's Word.

Throughout the week, some of the more notable scholars (and my personal heroes) in the field shared their wisdom on this craft. In addition, several doctoral students presented their interesting research in workshop formats. This year's theme "The Joy of Preaching" was alive for I found myself embraced by a powerful sense of hope and joy for the church.

Among the memorable events were:

- Listening to some of the African-American preachers such as Bishop Vashti Murphy McKenzie, Rev. Dr Anthony Bailey, and Bishop Cleo Larue. While this style of preaching will likely not make it into our polite Canadian culture, there is a wonderful energy found in listening to the preacher move through the four stages of traditional black preaching. One recurrent theme that I found shared among the preachers was the call for preachers today to let Jesus preach through us. Bishop McKenzie put it most succinctly in asking "do we preach Jesus or do we get out of the way and let Jesus preach"?
- Dr. Jim Wallis, founder of Sojourners (www.sojo.net) speaking about justice issues in our modern day. As Dr. Wallis named some of the human rights injustices in our world today, he named the work of the church and other social justice movements as being "not just pulling bodies out of the river, but also going upstream to see who is throwing them in". He celebrated the separation of church and state as he noted that the task of politicians is to "measure which way the wind is blowing"; whereas, the task of the church is "to change the direction of the wind".
- Rev. Matt Fleming, a doctoral student from Princeton seminary, present his research on "The Role of Preaching in Forming Community During the Age of Social Media". In his presentation, Rev. Fleming persuasively argued the need for church leaders to show how God is present throughout the often fragmented and dislocated lives we lead. Among the social media vehicles that he lifted up in this difficult task were Facebook and Twitter noting their ability to nurture relationships and fan the flames of social change. While he wisely noted that a congregation cannot be built on the social media forms, he views them as an essential supplement for the clergy in maintaining relationship.
- Music! While this may fall under the category of DUUH!, I was excited to discover the roots of Country and Western music being traced back to the African spirituals. For someone who does not have a radio preset for JR93.7 FM, a three hour tour through the Country and Western Music Hall of Fame

was not high on my list of priorities. However, I found the tour to be very enlightening and enjoyable. As I discovered this modern-day form of spiritual where songs lament the modern day pains and struggles, I found myself listening to the music in a whole new way. I proceeded to explore this form of music with a group of friends through the week as we frequented some of the 'Honky-tonks' and other late night gathering spots.

On the plane ride home, I found myself reviewing my notes, flipping through my pictures and listening to some of the recordings that I made on my ipod. As I thought about what the festival had meant to me, I realized that the festival had further nurtured a feeling of pride and joy in ministry.

I have always felt deeply blessed in ministry to share in the rhythms of people's lives, considering where God might be present. After the festival, a deeper sense of joy and pride in my vocational calling was further instilled. It was a week very well spent!

Shalom, Salaam, Peace,

Rev. Scott



Elvis (the one with hair) and Scott in Nashville

Crab and Steaks Feed Multitude



Barbeque Bob



Ernie C, Bruce D and Edwin L at Sechelt Narrows

(continued from page 1)

Based on his research, Tony proposed that happiness consists of three main areas: physical health, financial prosperity and pleasing activities / relationships. His presentation was well prepared and presented.

Ultimately three perspectives were brought forth: those that were pleasurable, those that were engaging and those that were meaningful.

Perhaps the most fruitful discussions were those involving relationships, of having fun together, and of working together using our strengths to serve a common cause. But the ultimate relationships involved spouses and family, which intimately connected all aspects of life.

The guidelines that were presented, if followed, stand the greatest chance of helping us achieve happiness in life. It was an absolutely engaging and involving time of listening, discussing, sharing and learning. When I think of the Woodruff's place, my thoughts turn always to crab and bocce ball.

It was strange, but from the beginning Rev George prophesied that our crab catch would be bountiful, perhaps totaling as many as 14 of those delicious decapods! But on Thursday morning when Tony reported his crab trap missing from the ocean, it seemed the only crab feast we'd see would be in our dreams. But

George would have none of it. To the grumbles of all within earshot, he spoke of feasting on crab and crab sauce. What did this man of faith know that we didn't? The first day passed – no trap; the second day came and went and any hope of crab smothered in sauce had all but evaporated.

Then on Saturday morning, the third day, something amazing happened. The crab trap re-appeared. Even more astoundingly, by dinnertime we had 14 beautiful crabs cooked and peeled. What a feast, tasty beyond words. Joe whipped up his absolutely magical crab sauce and 20 happier guys you've naught seen.

And what of George? Well...all we could get out of Rev. George was a wry little smile (between bites). 'Oh ye of little faith...' Weird. Totally weird.

We filled Saturday afternoon with hours of competitive and skillfully played bocce on the tidal sands. Matches raged back and forth as flying bocce balls darkened the sky. Hint: watch out for that quiet and unassuming Edwin – he's a ringer! Novice my eye!!

Later as rain threatened to soak Bob at his BBQ, a few concerned and enterprising would-be engineers constructed a cantilevered umbrella of ladders, a chunk of plywood and bocce balls for ballast. It was just enough to scare off any real rain and allow BBQ Bob to prepare a mouth-watering feast of steak and salmon.

Saturday night was spent clearing logs from the beach (it's a guy thing) and creating a fire to burn the brush that had been cutout earlier (again, it's a guy thing). Still later we harmonized to the melodic strains of Guitar Bob and his 12-string.

Throughout the weekend, probably the most ubiquitous sound was laughter. Non-stop jokes, the swapping of lies and the telling of tall tales were as prevalent as the sound of the sea. It was the sound of a bunch of guys who absolutely enjoy one another's company.

On Sunday morning Rev. Scott and Rev. George celebrated our traditional time of worship leading to communion. We gathered around the table where a cross was laid out with beach rocks, a candle was lit and the elements of bread and wine were made ready. Each of us went forth and knelt to receive the Body and Blood of Christ. It was a moving way of celebrating the Lord's Supper.

Clean up and a final meal – what more food! – followed and we were off. As we later wandered back to the ferry I couldn't help but overhear strains of, 'I can hardly wait till next year!'

Our sincerest thanks to Tony for his hospitality and to Doug and Arnie and all those working behind the scenes and during the retreat to ensure we had a relaxing and restoring time of fun and fellowship.

Modern-Day Wisdom in the Foundation of the United Church

by Rev. G. Scott Turnbrook

Most have been celebrating our United Church's 85th birthday. From its inception on June 10, 1925 in the inaugural service that took place at the Mutual Street Arena, in Toronto (yes our first service was in a hockey rink! How Canadian, eh!), our denomination has grown, shifted and evolved over 8 ½ decades. Our June 6th service had an anniversary focus that allowed us to 'take a trip down memory lane'.

A number of folk enjoyed the brief video "Dare to Be" (which can be found on YouTube along with many other UCC resources). As we find ourselves in a different context in which we are still called to offer ministry, I would suggest that our roots offer profound wisdom that we should be mindful of. I offer my personal thoughts on this wisdom that might guide us into the future. I invite you to consider what wisdom you believe should guide us through our next 85 years.

Mutual Respect

The union of the United Church was the first modern union of church denominations in the world! This was no small feat as it needed to respect and understand the differences of its constituents. The founding churches (Methodists, Presbyterians, Congregationalists and the newly formed churches in anticipation of church union or Union Churches) all brought different understandings of how a church should be run, how a service should be conducted, and how Jesus people should 'be'.

Yet somehow they managed to find a deep respect for one another's traditions as they focused on the larger purpose of being the Protestant church in Canada. With all of our different understandings of theology, culture and life, this call to mutual respect (among our people and among our churches) is as important today as it was 85 years ago. May we be a church deeply rooted on respect!

Listening

Listening has been a consistent thread throughout our history. Our church began as our forefathers and foremothers listened to their faith, listened to the culture, listened to their neighbours. They listened and they heard a dream of a Canadian Protestant Church that could make a tremendous difference in Canada if they united despite their differences.

They knew that they could only find unity if they listened to one another's stories, struggles and spirituality. Listening continues to be a critical channel through which our church evolves and shapes itself into the future. Over the decades, as the church was considering shifting its theology or practice, Bible studies and discussion groups have occurred throughout the country. We all know that listening is profoundly difficult.

As the old saying goes 'we were given two ears and one mouth so we should listen twice as much as we speak'. In our busy lives, many believe themselves too busy to listen. They find themselves not listening to others, but rather waiting for an opportunity to speak their views. Indeed, listening has been, and will continue to be a challenge to any human institution that

seeks to survive. May our church be blessed with many, many good listeners throughout the next 85 years of our history!

Inclusivity

The call of Jesus' radical hospitality and being the church that is inclusive of all God's Creation has been a consistent thread throughout our church's history. This call to inclusivity has also been the most consistent point of contention throughout our history. It is a natural human inclination to seek out people with whom we are similar.

Thus it was not surprising to see the divisive outcomes of our church's decision to ordain women or gay and lesbian people into the order of the clergy. These difficult decisions were made out of a theological understanding of who Jesus was and how Jesus lived and died. Difficult decisions will continue to be called for. Our understanding of who Jesus is, not who we would like him to be, will become essential for all parts of the body of this United Church. May we continue to explore and discover who Jesus is today and in the future!

We have been blessed with good roots: Mutual Respect, Listening, and Inclusivity. What are the other good roots that you would like to lift up? May the founding wisdom which rooted and guided our early days as a church be found in our future within our congregation of Deer Lake and within our denomination of the United Church of Canada.

Shalom, Salaam, Peace,

Rev. Scott

Guest Speakers at Deer Lake

July 4th

Rev. Audrey Lans, a retired minister of the United Church and active member of Deer Lake returns to lead worship that will include the sacrament of Holy Communion

July 25th

Marie P, an active member of Deer Lake will have freshly returned from Naramata Centre to lead the worship service.

August 1st

Rev. George Stegen, a retired minister of the United Church and active member of Deer Lake returns to lead worship that includes the sacrament of Holy Communion.

August 8th

Dr. Dona Lethbridge, our seminary student from Deer Lake returns to her home church to lead a service. Dona has put forth the lofty goal of becoming an 'itinerant preacher' this summer. She will be visiting a number of churches throughout the summer. We are delighted to welcome her 'back home' during her travels.

Deer Lake Celebrates 85th Anniversary of United Church



Some of the Monday Morning Line Dancers strut their stuff



Choir members, past and present, XXXXXXXXXXXXXXXX

by Pat Y

Our congregation celebrated the 85th anniversary of the formation of the United Church in true Deer Lake style on Saturday June 5th.

A delicious Pot Luck supper was enjoyed by over 100 people in the Fellowship Hall before they all poured into the sanctuary for an evening of reminiscing, fun and entertainment.

Georgie C made a terrific emcee, keeping us laughing and the evening moving along nicely. Rev. Audrey Lans reviewed the United Church's history through the lens of a woman minister, while Rev. George Stegen's lens had an ex-Anglican perspective.

Bill H gave us some good historical facts, and Marie P kept the children mesmerized with her well practiced storytelling. And who wasn't impressed by the 12 line dancers giving us a Country and Western show?... something about "All my Exes live in Texas". I bet they get a few more dancers sign up for Monday morning dancing after that fun performance!

The choir was right back to peak performance again, led by our competent new director Liana LeBlanc, while Allison M gave a flawless accompaniment. What a true pleasure it is to listen to those choir voices blending together ... just like "old times", tugging at our heart strings.

To end the evening, what better way than us all singing The Blessing of Aaron. I even noticed Jean McL's arm wrap



Rev. Scott and Janice C slice Janice's amazing anniversary cake

around ol' Don W as if to say "this is the United Church we know and love".

Thanks to all those who spent hours planning this event, it really was a great celebration. Together with a very meaningful Sunday morning worship service, it made me very proud to belong to this great United Church of ours.

OUTREACH AWARENESS

Gogo means grandmother in Zulu. Grandmothers across Canada under the Stephen Lewis Foundation are helping grandmothers in Africa. These gogos have lost their adult children to AIDS and now have the sole responsibility of caring and nurturing their orphaned grandchildren. We can make a difference!

If you are interested, a new Burnaby chapter has recently been established. Our next meeting will be held on June 10th at 6:00 p.m. to 7:30 p.m. at Amica, 1850 Rosser Avenue (near Brentwood).

For more information, please contact Claire Stegen at clairestegen@gmail.com (604-433-3026) or Karen Toovey at burnabygogos@gmail.com.

A Brief History of Deer Lake Church

by *Bill H*

I was surprised and honoured when asked to give a brief talk on the history of Deer Lake Church. Fortunately, Bruce Drew had a copy of material from our 50th year celebration. He loaned it to me. There appears to be different versions of how the church came to be so I will tell what I understand as the roots of our present situation.

The church has been present in the area since early 1849 when the Church of England had a priest and schoolmaster in the region. In 1859 two ministers from the Methodist Church arrived. The gold rush of 1860s brought an influx of miners and settlers. The Presbyterian Church was established in 1861. Methodists were active in 1866 when the Colonies of Vancouver Island and the Mainland joined into British Columbia. Congregationalists came in 1888.

Our church started out as Burnaby Lake Sunday School in a small house that was just west of our present building. All children in the community came there. Numbers grew and a larger house just

north of the present Deer Lake Beach Park was purchased. The Burnaby Lake Community Church Association was originally a gathering of many Christians and it was truly an ecumenical effort with the different faith persuasions leading worship service different Sundays of the month. Everyone in the community supported it.

With Union the church became known as Burnaby Lake United. A cottage was bought and served as sanctuary until 1941 when the present building was constructed mainly by volunteer labour on land donated from the Hart Estate. The old Fraser River Bridge was being dismantled at that time and the men were able to scrounge two great steel beams.

Today, in the lower hall under the sanctuary you will notice two structures that encase those steel beams. Furnishings came from various churches. The sanctuary was dedicated on June 25, 1941. The Christian Ed Centre was built and dedicated in 1955.

The United Church was active in our community with three congregations,

Burnaby Lake United, Douglas United and Saint Matthews United. In 1970 Presbytery passed a resolution amalgamating the three congregations into Central Burnaby United meeting in this central location.

In the early '70s it was decided to renovate and rebuild parts of the building that were showing their age. The rebuilding project remodeled the sanctuary, added the dais, the choir loft and the library to accommodate growing numbers and moved the church office up from the basement.

New washrooms and a new entrance were added, and space was freed for a larger kitchen in the Christian Ed Centre. Improvements have been ongoing; one of the more energetic changes was the recent replacement of the old oiled wooden floor in the hall with the beautiful laminate floor.

The most important aspect of Deer Lake has been and is its ongoing commitment to people. The congregation is friendly, open, welcoming, sharing and caring to all who seek. May it continue to be so.

Church Garden Project Progressing Nicely

by *Pat Y*

Well, our garden is at last a reality. Although it is a work in progress, as are most gardens, we can actually see the culmination of many hours of planning and hard work, along with the results of very generous financial contributions. All of this has produced the beginnings of a lovely colourful garden, which will grow, fill out and blossom as the year progresses.

Many thanks to all the people who saw a vision, worked hands on in the garden, or contributed financially. The dream was to make the outside of our church as welcoming and cared for as the inside, and we are almost there..

In order to keep this garden looking fresh and tidy, we will need your help to tend it. If you have an hour to give once a month, please sign up on the notice board. By selecting one week a month, you can choose any day and time during that week to donate your Garden Hour. Come with a friend and get twice as much done. Stay for an hour after bulletin folding, or come on a Thursday to replace choir practice (no practice in the summertime). Any help will be appreciated.



More shrubs and plants have been added since this photo was taken

MONEY MATTERS

by Cathy M

As we head into summer and church attendance becomes more sporadic, concerns arise about meeting our expenses. People often seem surprised to hear in November that we are in significant deficit, but our deficits usually start in February and grow slowly as the months go by.

The charts to the right (courtesy of Garry F) illustrate our financial situation over the past few years.

The first chart compares the cumulative surpluses and deficits we have experienced, for the years 2007 to present.

The year 2008 was atypical. We were fortunate to receive unexpected rental income from a movie production in both January and March, which gave us a comfortable surplus throughout the year. More typically, our deficit begins early in the year and worsens until the fall.

Usually a plea from the pulpit encourages people to increase their offerings and brings us out of significant deficit.

The data from 2007 and 2009 illustrate this. The data from 2010 show the same trend developing.

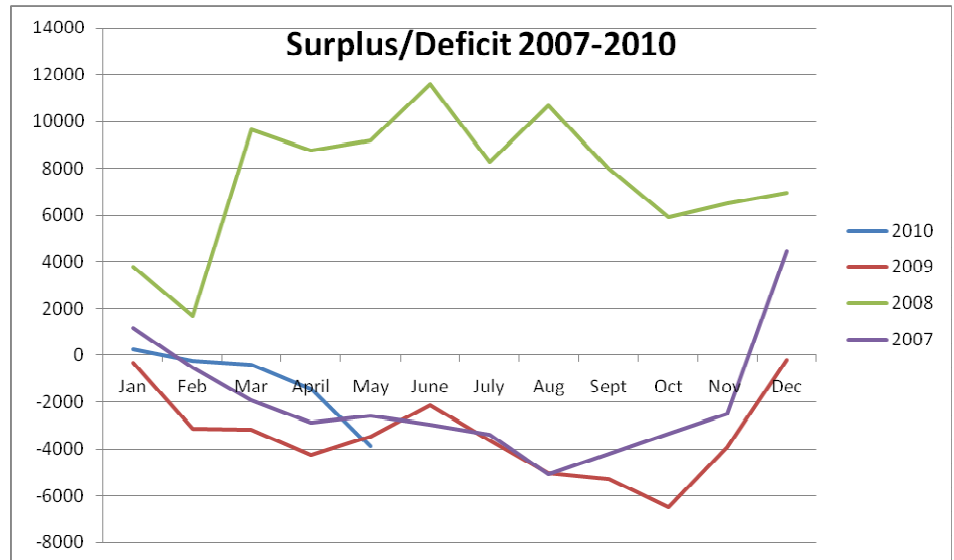
The second chart shows local offerings received each month for the years 2007 to present.

A decrease in offerings over the summer months is evident, as is the spike of generosity in December

Our deficit as of May 31 was \$3,891. History tells us it will grow throughout the summer, likely reaching an alarming amount by October or November.

How can you help? Remember that the expenses of the church (repairs and maintenance, utilities, and payroll – our largest expense) continue whether attendance is high or low.

Evaluate your annual givings and consider whether they could be more evenly allocated through the year. If you wish to make a donation over the summer and are not on PAR, cheques can be post-dated and left with Wendy in the office now.



Even better, talk to Mary C about using PAR to easily spread your offerings over twelve months of the year.

Are you already on PAR? While PAR is a great help in providing stable income over the year, it is easy for congregants to miss out on a regular review of their gifts.

Thirty-one percent of those currently on PAR have not adjusted their donations to local church expenses in more than 5 years. Yet costs have certainly risen over those 5 years.

If you are on PAR, please take a moment to consider your gifts to our church, and whether any adjustments are

necessary. Requests for changes can be directed to Mary C.

Deer Lake members have never failed to respond where there is need. Our congregation has always been tremendously generous.

Please give some careful thought to the level of your donations, so the deficit will not become overwhelming late in the year. Enjoy some rest, relaxation, and time away over the summer months, but please remember that the expenses of our church continue!

Many thanks for all gifts, large or small, that enable us to continue the work of Deer Lake United Church.

LIBRARY NEWS

by Sue M

Thanks to all of you who have been supporting the library, whether you have been borrowing or donating books or offering support and encouragement. Thanks to the offering counters, for agreeing to keep the library open and available to anyone wishing to browse through the library following Sunday worship service.

With a computer now installed in the library, searching for books electronically can be done at the church. If anyone would like help in using the system please do not hesitate to contact me. Periodic book displays will continue to occur on Sundays where featured books will be displayed and assistance provided.

A recent request for Bible study material prompted a search of United Church Distribution Center (UCRD) web-site and the subsequent additions to our library:

Reading the Bible For the Love of God by Alan Reynolds (Dewey Decimal 220.07 Rey) – This book won the 2004 Word Guild Award in the General Readership category. Alan Reynolds was ordained by the Maritime Conference of the United Church in 1954 and moved to B.C. in 1971 where he ministered at Ryerson United Church and University Hill Congregation at U.B.C. He now lives in Richmond, B.C.

In his own words: “I began to realize how much we overvalue money....drove me to leave a budding financial career and embark upon a life of discovering the God who is revealed to us in the Bible. In the years since, I have wrestled with God, rejoiced in his grace, and ministered to people in joy and sorrow, marriage and divorce, in illness and despair, and in birth and death. Through it all, I have tried to help them find and develop faith – a relationship with, and a trust and confidence in, the One we may come to know through the book we call the Word of God. I look forward to sharing with you answers to your struggles to understand God’s way. In the process, I hope your own spiritual hunger will be increased as well as satisfied by seeing the Bible as a richly rewarding invitation to know God in a personal sense.”

Read the New Testament in a Year – United Church of Canada (brochure) - To encourage the reading of the Bible these brochures provide check lists of the New Testaments’ 259 chapters. The idea is that we read a chapter each week-day, and since there are 260 week-days in a year, we will have completed the New Testament in one year. There are also suggestions for reading and studying the Bible. Please pick up one of these brochures from the library and remember that “Faith comes from hearing, and hearing from the word of Christ” (Romans 10:17).

Representatives of the Christian Education Committee recently attended the “2010 Children in The Church” Seminar at the Vancouver School of Theology. Three new books were purchased at the seminar and donated to the library as follows:

Nurturing Spirituality in Children by Peggy Joy Jenkins, Ph.D. (Dewey: 204.41 Jen) – This book contains 62 Lessons that are each intended to teach a principle to children in less

than ten minutes; commonly available materials are used to illustrate the principles. As an example the lesson on “Watching Your Words” instructs you to dissolve salt in a bowl of water to demonstrate that careless words, once spoken, cannot be taken back.

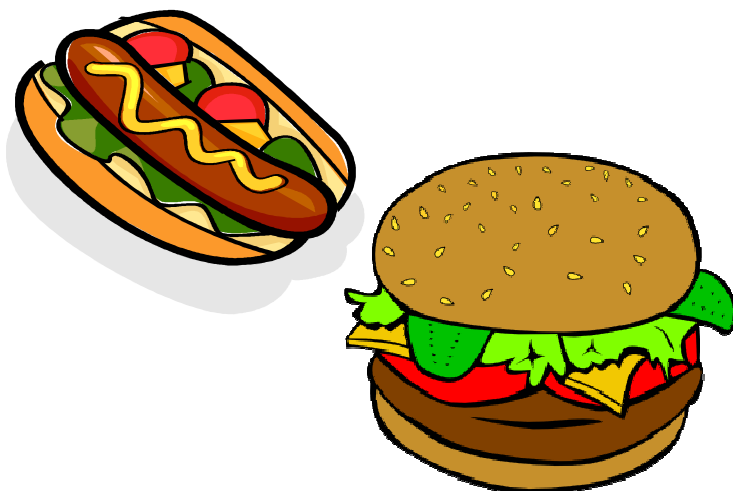
Journey to the Heart, Centering Prayer for Children by Frank S. Jelenek (Dewey: j248.32 Jel) – This book is colourfully illustrated and aims to teach children, three to ten years old, how to practice contemplative prayer; this can be very helpful in calming children that are “wound up”.

52 More Crafts For the Christian Year compiled by Donna Score (Dewey j745.5 Sco) – This book presents 52 easy crafts that incorporate recycled and affordable materials; the crafts are separated into the five seasons of the Christian year (Advent/Christmas, Epiphany, Lent, Easter, and Pentecost). For example an advent wreath and a greeting card are included in advent and an “Easter Tree” (using patterns provided to decorate a tree or tree branches) for the Easter season.

To borrow a book, simply fill out the sign out card found at the back of the book and place it into the designated box in the library. Please remember to take a due date reminder card with you (the loan period is four weeks) and then to return the book at that time. Again, if anyone needs help in using the computerized cataloguing system, please contact me. If anyone is uncomfortable with using computers, please let me know and I will do the searching for you!

Welcome Back BBQ

While September seems a far way off now, we wouldn’t want to miss YOU at the “Welcome Back BBQ”. The men’s group have, once again, graciously agreed to host this annual event. We look forward to reconnecting as a church community and hearing about one another’s summer adventures. Mark your calendars for Friday September 17th at 6 p.m. (and bring your appetite).



Cultus Lake Campout

by Barb D and Marie P

Before we head off for the summer, it's time to sign up for the Cultus Lake Camping weekend on September 24, 25 and 26. For the past two years my family has been to the Cultus Lake in late September.

Last year the lake was warm enough for an end of the season swim and the Sunday service was held on the lawn in the morning sun.

Sharing meals, games, chores and songs with the people in our church was a wonderful opportunity to get to know other members in a relaxed setting. Though many families with young children attend, there are member of all ages who join in.

Last year our youngest camper was the Kyers' new baby and our oldest was in her 80s! We went kayaking and canoeing and played volleyball, bocce and basketball. The children ran and played, made crafts and swam while the adults lounged in the sun talking, read books, went for walks or joined in on the activities.

As the sun set we headed to the camp fire for songs and smores and the children played flashlight games way past their bedtimes. Mornings were nippy as we met up at the cook shack for a full breakfast, warm coffee and great conversation.

I look forward to Cultus Lake every year as a way to see out the last dog days of summer, enjoy a few more warm lazy afternoons, watch the children play with abandon and spend time with other church members who enjoy giving thanks for our blessings surrounded by Gods bounty.

I hope to see you at Cultus Lake this September.

The sign up sheet is posted in the hall. Any questions please call or email Marie, 604-421-0002, marie.paul@shaw.ca

As in previous years, you can come for the full weekend (preferred) or Saturday only. We'll share meals and bring our own food. Kids will have craft and outdoor activities. There'll be fun for teenagers, space for individuals wanting relaxed conversation, and room for bonding among friends and family. There will be an opportunity to do kayaking with an experienced teacher.

And of course there will be smores at the campfire and songs songs at outdoor worship! Gotta love church camp!

Have Boots Will Travel



by Carol P

The morning women's group was off on another field trip on March 24th. We went to the Surrey Art Gallery to see The Quilt of Belonging. This is the largest collaborative work of textile art to be created in Canada. It contains 263 squares representing 71 Aboriginal groups and 192 immigrant nationalities found in Canada.

The finished quilt measures 36 metres (120 feet) long by 3.5 metres (10 feet) high. In the words of the project coordinator Esther B, 'Our vision was to create a collaborative work of art that will recognize Canada's and the world's diversity, celebrate our common humanity, and promote harmony and compassion among people.'

We think they achieved this goal very well! Carol P and most of the group have the book about this quilt and would be glad to show it to you.

We, of course, had lunch too!



Some of the kids enjoying crafts with Claire last year

Music Machine Returns to Deer Lake



The Music Machine once again visited the sanctuary of DLUC after an 'at least' 10 year hiatus. Another wonderful group of children sang their way through all the fruits of the spirit. They were ably led by Caitlin, McN, Kennedy N and Hugh J.

A very special thanks to all the parents who worked hard on this entertaining production and encouraged their children and grandchildren.



The following children participated: Curtis A, Audrey D, Emilia D, Hugh J, Alexandra McL, Carter McL, Caitlin McN, Erica McN, Susan M, Laura M, Kennedy N, Maxine N, Declan O'C, Sadie O'C, Katelyn R, Matteo R.

Piano accompaniment was provided by Allison M.

How Heavy is a Glass of Water?

A lecturer, when explaining stress management to an audience, raised a glass of water and asked: "How heavy is this glass of water?"

Answers called out ranged from 20g to 500g.

The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a

while and rest before holding it again. When we're refreshed, we can carry on with the burden. So, before you return home tonight, put the burden of work or whatever is bothering you down.

Don't carry it home. You can pick it up tomorrow. Whatever burdens you're carrying now, let them down for a moment if you can.

So, my friend, put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Here are some great ways of dealing with the burdens of life:

- * Accept that some days you're the pigeon, and some days you're the statue.
- * Always keep your words soft and sweet, just in case you have to eat them.
- * Always wear stuff that will make you look good if you die in the middle of it..
- * Drive carefully. It's not only cars that can be "recalled" by their maker.
- * If you lend someone \$20 and never see that person again, it was probably worth it.
- * It may be that your sole purpose in life is simply to be kind to others.

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Mormon Temple Visited



A small group of DLUC folk were blessed to attend an open house of the pre-consecrated Mormon Temple on April 19th.

This Temple is the seventh built in Canada and provides a closer option for members than the Seattle Washington Temple.

Following the temple's consecration that occurred on May 2nd only Temple members in good standing are permitted to enter. The visit was indeed a very unique and meaningful opportunity".



Ladies' Retreat (1985). Nancy S, Peggy S, Ev H and Pat Y

Photos from Years Gone By



Kathryn S



Joan D and Santa

HELP WANTED

If you can spare about 1½ hours once a month, to help collect the offering, count the money and go to the bank with a night deposit, please see Mary C for more details.

Congregational Celebrations



Kirk S graduated May 2010 as a medical doctor from the University College Dublin in Ireland.
Kirk is the son of Shelley R.



Brendan A and his wife Selena D and their new daughter Olivia, born on April 24. Brendan is the son of Sharon A.

Newsletter Submissions

Lakeshore Lines will be published four times per year. Submissions may be made to one of the Communication Committee members (preferably by e-mail):

Garry Forwood:
g.forwood@yahoo.ca

Jim Young:
jimyoung@shaw.ca

Next Issue:
October, 2010

Submission Deadline:
Sunday, September 19th



Kathy Y (who turned 97 years old on June 3rd) is seen here celebrating the 75th birthday of her much younger nephew Bill A