

LAKESHORE LINES

December, 2005

Free – and worth every cent!

Will You Have a “Merry Little Christmas?”

By Rev G. Scott Turnbrook

What will your Christmas be like this year? Will it be a holiday? or a Holy Day? Will it be filled with family tension or filled with the birth of God’s presence? In my role as pastor, I have become very aware of how cultural and family dynamics can take away from people’s spiritual experience of Christmas. Christmas is one of the “high” seasons of the church year and can be missed at the hands of equally high expectations and demands created by family and culture. This year, I have opted for a proactive pastoral approach for those people I serve, sort of a pre-emptive strike on all things that would take away from the spiritual wonder of the season. While I suspect that there will still be some pastoral crises that will arise around Christmas, I invite us to consider some wisdom that I have come across as you prepare for a ‘Merry Little Christmas’. Some tips on having a ‘Merry Little Christmas’:

Leave your expectations at the door – The expectation of perfection that inevitably is never achieved is a set up for disappointment. Entertaining guests is usually less stressful than entertaining family at holiday time because guests are usually happy with what is. It is helpful to avoid family dynamics that can place unreasonable expectations of having a perfect Christmas.



Peggy A enjoys a visit with Santa Claus at this year’s Women’s Breakfast. See story and more pictures on page nine

Hold traditions lightly – Flexibility is the key to success over the holidays. Families who don’t hold hard and fast rules about everything are generally the ones who report higher levels of enjoyment over the holidays.

The Christmas art of communication – ‘Pre-emptive Pre-Christmas Communication’ will go a long way to help clarify expectations between partners, family members, etc. This communication provides a space to talk about some of the dynamics

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Mission Statement

The purpose of Deer Lake United Church is to celebrate God’s presence as a foundation enabling our spiritual growth by service to God through worship; each other through fellowship and education, and others through outreach; in a supportive, welcoming Christian community that seeks to follow God’s call as revealed in the life and teachings of Jesus.

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that inevitably lead to some of the holiday pitfalls.

Simplify Christmas – Before the holiday takes control of you, take an opportunity to decide what the important parts are for you. Unrealistic gift expectations create financial burdens; overfilled holiday calendars cause high levels of stress. The last thing you want to do is find yourself exhausted, overextended and broke on the day of your Lord's birth.

Pray and Party – Strike a balance between the joy and excitement to be found along with your faith's need to find time this season in prayerful preparation. The Deer Lake Women's group's initiative in making available Advent candles to everyone is an excellent example of this. As you take special time each day (with family over a meal/ by yourself in prayer/ or ?) you are striking a balance between prayer and partying (two things DLUC folk are both excellent at!)

However your Christmas celebrations are spent, may they be one of patient and joyful preparation for the greatest gift God has blessed our lives with. Merry Christmas everyone!

Shalom,

Scott



UPCOMING SERVICES

CHRISTMAS

CHRISTMAS PAGEANT – December 18th 10:30 a.m.

A multi-generational gathering where all ages participate in a variety of Christmas narrations involving drama and music. You won't want to miss this exciting celebration of our communal expression of Christmas!

CHRISTMAS EVE - 4:00 p.m. "All Ages Christmas Service"

We continue our tradition of an early service on the eve of the birth of God's greatest gift to the world for people of all ages...especially those who try to get to bed early to listen for reindeer hooves on the roof. We are delighted to announce that the musical leadership for this gathering will be Don Wade and the Deer Lake Youth band!

CHRISTMAS EVE - 7:30 p.m. "Candlelight, Carols, and Communion"

An elegant service in the Oxford tradition of lessons and carols on the eve of the Christ's birth that will conclude with the joy of sharing in Holy Communion. The musical leadership for this gathering will be the Deer Lake choir!

CHRISTMAS DAY - NO SERVICE - Sunday December 25th

The worship committee considered the decision very seriously in regards to providing a worship gathering for Sunday December 25th before deciding to cancel service on this day. It was acknowledged that most members will prefer to gather for the Christmas liturgy on Christmas Eve at one of our two services and would not be attending on the 25th. We also are able to provide a Christmas Day option with our neighbouring churches (Cliff Avenue United – 1600 Cliff Ave. and East Burnaby – 7772 Graham Ave.) who both will be holding small worship gatherings on the 25th.

AFTER CHRISTMAS

Sunday January 1st "New Year's Day Sunday"

Our New Year's Day Liturgy will be led by Mr. Nick J . Nick is a theological student working with Deer Lake this year during his first year of studies at the Vancouver School of Theology.

Sunday January 8th "Epiphany Sunday"

Our Epiphany Sunday worship will be led by the choir (who return from a break following Christmas) and the Rev. Audrey Lans.

LENT

"Shrove Tuesday/ Ash Wednesday Gathering"

How could we begin our traditional 40 day walk towards the wonder of Easter without our traditional Shrove Tuesday Pancake supper? Our traditional Shrove Tuesday pancake supper will be followed by a Service of the Ashes of Contrition on Tuesday March 1st . We will gather in the hall at 6:00 p.m. for supper and then are invited to the sanctuary for a brief Ash Wednesday service signalling the beginning of our Lenten walk towards the cross.

Introducing... Nick J !



Hello, my name is Nick J. I am the Vancouver School of Theology student who will be with you for the next few months. I have been asked to say something about myself.

I have had a number of roles in a number of different churches and denominations. I joined the United Church of Canada in 1984 (South Hill, Vancouver South presbytery). I have had experience in Visioning. Many churches have had to change in the last twenty-five years. I have been on church committees, led bible study, chaired council/boards, and have been part of conference-level committees. I do not claim to be an expert, but I would be happy to meet and talk with anyone who would like to do so. Sometimes the experiences of other congregations offer valuable insights. I would extend that invitation to anyone who wants to know about VST, or wants to talk about training for ministry. I know that I will receive a great deal from DLUC, and if there is a way that I can give back to the congregation/church, I would like to do so.

The Pastoral Theology course I am taking involves: attending worship regularly, observing the church at work, in mission, at prayer, and at play. It may offer the community the opportunity to consider itself as a 'living text' and to engage in reflection about ministry and mission. I am to talk with Scott, other leaders, and as many of you as possible, because you are ministers too. The aim is for me to learn about what has made you what you are, who you are, and how you go about things. I will have a placement next year, too. I am not presuming that your invitation will be extended, but if it were, my role would change to one where I 'learn through doing.'

I am very grateful that the Board has invited me to lead worship on January 1. I look forward to this opportunity to worship and to get to know each other.

It is hard to give a sense of my faith journey in a few sentences, but I will try to give you a quick snapshot. For many years I saw Christianity as being a bit like an ideology: a set of beliefs, which provide a blue print for a better society in which we as individuals can live better. This model was based on a liberal Protestant view that God created very capable human beings who could be expected to bring in the Kingdom of God through education and rational solutions to life's various challenges. God was assumed to be caring, but fairly distant, allowing humans freedom of action.

Over the last ten years, I have come to question this model. After all, while technology continues to 'wow' us with amazing innovations, many other areas of human life are in decline. We can all make a long list: the earth's health, income distribution, access to the abundant life through: adequate food, health care, education, fresh water, a healthy environment. These seem to put in doubt our ability to manage our affairs independently.

At an individual spiritual level too, the model just seems inadequate. Is God merely a distant abstract entity, or does this being beyond our complete comprehension, have person-like attributes, which allow us to be in relationship? Can we experience God? Those who have gone before us spoke of 'knowing Jesus' and experiencing the power of the Holy Spirit at work in their individual and communal lives. Their convictions led them to joyfully sacrifice in order to build churches, to live differently in the world, and to risk public ridicule as with passion they spoke to people of God's invitation to people.

I have not figured it all out yet. That's why I am at theological college!! It is then with passionate hunches that I come to be with you, not with all the answers. I am ready to raise questions and to listen to what you and others have to say. I am happy to say that I have found that others in the United Church are asking similar questions.

In conclusion, I would like to finish by thanking each one of the members and adherents at DLUC and Rev. Scott Turnbrook for the opportunity the coming months will provide. I really appreciate this gift to me.

Nick



Project Charlie Update

By Marie P , with excerpts from Chali

In September we made a formal budget outlining Chali's monthly expenses, and his tuition and exam costs for each semester. Deer Lake's original fundraising goal of \$4000 was based on very rough estimates of costs. We have since received more detailed costs from Chali and his school.

To cover Chali's full two years of classes, Deer Lake United Church will need to fundraise approximately another \$4000. The Outreach Committee has a plan for steady fundraising events from January to May 2006.

This is a great opportunity to learn more about Chali and life in Zambia. You can look forward to a January film night that includes interesting conversation with Jaime and Bruce who worked for years in Zambia.

Our congregation has been so generous in following Bill H 's call. We thank you for all your loving care and donations.

Chali is about to write his first British exams following his first term of studies. The exams from the Association of Business Executives allow his academic credits to be recognized in any certification process or hiring situation. Please keep Chali in your prayers as he studies for these exams written on December 6th & 7th.

While Dad - Bill H and Chali have a weekly Sunday afternoon phone call, my brother Chali and I have regular emails back and forth. It is always exciting to receive an email from Africa. You may enjoy the following excerpts from our emails.

Late in September Chali was nervous about writing his mid-terms, the first college level exams he ever wrote. "I am just waiting for the results and am having dreams about passing too well in the two subjects and failing badly in the other two. I know i put my best."

Here are his mid-term marks from early October.

Introduction to Business	66%	B
Introduction to Accounting	57%	B
Business Communication	85%	A
Quantitative Methods	78%	A

"I will still do better than this because my lecturers tell me I was only making silly mistakes and using too casual language."

"Hey Today is Open Day at school..Do you have that in your Country? All my friend's parents, guardians, elder brothers and sisters are here. Precisely for the results and remarks from the lecturers. I wish you were in Zambia, you would have come to get my results."

"I really enjoy school and i have made a song that is played on air here in my country to help fellow youths who do not put in their efforts in school." "Hey the song i did is in Bemba with a title KOSA (be strong) I will the copy of the cd and send the words translated in English." When we receive a copy of this song we'll play it for the church."

"You asked me about my village? It's in Mumbwa that I grew up from. The place where Christine W and the other delegates from Canada met me. Some of my elder brothers are staying on the farm but its no longer developing because my brothers are totally depending on selling bits of Lands for their families."

Public transportation has been challenging because of hiked prices on the gas imported from Tanzania (the country north of Zambia).

"We have fuel shortage so it has become so bad that we have to stand on queues and wait for buses for longer periods. There has been fares raised but i am fine. Last week because of the transport issues, I could not go to check my emails or send because of the transport issues. I have to get on the station so early to chance a

bus.

"Oh like I said the situation was really been bad and some Ministers concerned with Energy Regulations have been fired by the President for failing to perform their Duties. This is a problem Country wide and all Zambians are affected. Quite a number of people use Bicycles and I really admire that and it would save Transport expenses especially that I get on a bus from my place to school and get on another one to town for my emails and finally get home on another bus. A bike would really save though quite risky on the road and disadvantaged for the coming season otherwise it can be best..."

Because of the stress and time of waiting for unreliable buses, Chali has purchased a bicycle. "I am enjoying using the bike. First I had found it making me so tired when I would reach home but now am getting used and sure it's saving and helpful."

After the December exams Chali will be looking for a new apartment and moving closer to the school during the break.

After I explained a bit about our children dressing up for Halloween he was interested and wished he could see a video of "the kids performing". "Hey by the way, how did the kids perform on the day they were wearing MASKS?"

"Here is my little list of friends I have made, Shakwiyah, Mulenga, Mwansa, Grace, Nelson, Elijah, Thandie, Muni, Florence, Mutale, Angie, Emmanuel, Jane(close), Kai, Makes, Davie, Mwan-gala and Musyani. The list goes on. I just wanted you to know some of the names of my friends."

"This is the first time that my life has reached such a level of feeling so touched that all that I need not want, people are there to help me. I really love you people, you are a gift in my life."

WOMEN'S GROUP STARTS UP AGAIN

By Carol P

On Wednesday, Nov. 16, 2005 the first meeting of the new women's group was held in the church library. Eleven women were in attendance and enjoyed some tea and treats before starting to plan. For the next two hours we played games, talked, shared ideas and made a commitment to meet every other week on Wednesdays at 10:00 a.m.

We also decided to offer Advent / Christmas candles to the members of the congregation. These candles are intended to be lit and burned each night down to the

next number. During that time, we can do many things; sit quietly and focus on the meaning of Advent, pray, meditate, think heavy or light thoughts, write, draw, read alone or with someone else, make a craft, etc., etc., etc.,

It is an opportunity each day to slow down the busy month of December and have some quality time for yourself and family. If you miss the sale after church, they are available at Jysk or you can take an ordinary candle and mark it into 24 sections.

At our next meeting, November 30, 2005, we will be looking at a poem called The

Midwife's Story about the birth of Jesus and we will be making some beautiful stitched cards and tags. Then we will meet December 14, 2005 and take a break until January. Our plans for the future are fluid and open to input at any time.

If you missed the meeting due to childcare problems, please contact Carol P (604- -) as we may have a solution to this problem. Please consider joining us if you were not able to attend the first meeting. You are welcome to join in at any time.

Deer Lake Men's Group Organizes Fowl Dinner

By Jim Y

In what has become a pre-Christmas season tradition at Deer Lake, the Tuesday Morning Men's Group held its annual turkey dinner on Saturday, November 5th.

Turkey cooks were Doug & Kathy R , Bruce & Joan D , Jim & Pat Y and Don & Shelly S . Joan also provided cranberry sauce.

While the main course was settling, Don W and his entourage of horn blowers entertained, with Aaron S on the keyboard. The group played Amazing Grace and finished off with the audience joining in for He's Got the Whole World in His Hands (what ever happened to Laurie London anyway?).

Dessert was a choice of delicious pumpkin or apple pies baked by Joanne A , Myrtle C , Marg M , Janice C , Judy I , Peggy W and Cathy M . Coffee and tea seemed to be the most popular beverage, but it didn't go unnoticed that one table enjoyed a glass or two of red.

The contingency fund was swelled by \$1142, the net proceeds of the evening.

The men's group was pleased to welcome newcomer Blaine T and it was great to see Ken S return to support the awesome cooks in the kitchen.



One happy customer



Does anyone know this man?



The men who made it happen

Westminster Presbytery News - Burnaby Youth in Cuba

By Marie P

With Jean McL's move into the elevated position of Westminster Presbytery Chair, Deer Lake United Church now has a new Presbytery Representative, Marie P. I was formally introduced and welcomed at the last Presbytery meeting, joining many dear friends already met through work with Ellesmere church and also the Burnaby cluster meetings.

We had an interesting presentation on last

Summer's archives project in the presbytery. Two students worked on the project and collected film footage from several congregations including Ellesmere, Willingdon Heights, Shiloh-Sixth Avenue and IOCO. Next summer they hope to acquire better film editing equipment to continue the work.

At the November Presbytery meeting, the Youth from South Burnaby provided a tasty Cuban meal of rice and beans, and gave a heart warming presentation on their summer trip to Cuba. This group continues to stay connected with the Cuban community they met. South Burnaby

is collecting basic health care products and Sunday school supplies (markers, crayons, paper) to send to Cuba. We have invited the South Burnaby students to come Deer Lake, give their Cuban presentation at our church, and spend some time with our youth.

The Presbytery Spring Youth Retreat will be held May 5 to 7 in Agassiz. There is still a vacancy for a youth representative at presbytery and a young adult at the conference level. Hey, Deer Lake students! Consider expanding your connections with other church youth. See Jean or Marie if you want to try it out.

Sad News

By Alice S

Richard Joseph L., our caretaker, died suddenly at the age of 67 on November 18th, 2005. His Funeral Mass was held on Nov. 26th at St. Matthew's Parish and was attended by seven of us from Deer Lake.

Dick worked at Deer Lake United church for approx. 15 years as our faithful, but seldom seen, caretaker. In order to get his work done Dick was mainly here when the church was relatively empty. He faithfully and diligently cleaned our church, cut the grass, saw that we never ran out of the "washroom necessities" and worked with the equipment supplied, about 4 vacuum cleaners and the same number of lawn mowers. He was a detail man. He rounded up our lost items, (brooches, buttons, rings, pens, earrings, even the small backs off earrings), kept a close eye for things that needed repairing before they became a "huge" problem (leaky taps, cracked windows, a leak in the roof and various toilet problems). Dick took a great deal of pride in his work and, each Sunday as we worshipped, his caring was all around us.

Dick was a family man. His top priorities were always his beloved wife Joy, his four children and four grandchildren. He was a man of humour and practical jokes, who loved family gatherings, golfed with his sons, and was one great husband and Dad.

Dick was a man of great faith. He attended St. Matthew's Church every day to pray and worship God. He loved and served God, his family and his churches. Deer Lake was blessed to be one of the churches he loved and cared for.

Visioning

By Rev. G. Scott T

This fall, our church began to seriously look at the area of focusing our growing energies and finding a unifying vision for our church. In September, our worship focused on this theologically as Rev. Scott led the four week sermon series "Called to Be the Church". The church board, along with two individual committees, discussed this initiative and adopted the need to form a visioning team.

This team, which consists of Gloria F (chair), Carol P, Pat Y, and Rev. Scott Turnbrook, are now working to hire a consultant who will lead the entire congregation through this process. The process will be designed to help us structure a strategic spiritual plan which will inform our church's direction and future initiatives. You will be hearing more on this initiative as it unfolds.

Policies and Procedures

By Garry F

Deer Lake United Church may be small in size, but it is big in talent. We are very fortunate to have an exceptionally capable Board Executive, committee members and minister. Add to these the countless volunteers who help out in the church services, events and fund-raisers, and we are truly blessed.

Generally things run smoothly. Occasionally, though, we have a hiccup that indicates that things could be improved. In recent months it has become clear that a documented set of policies and procedures tied to roles and responsibilities would help to avoid, or at least quickly resolve, the occasional misunderstanding.

Therefore, I am proposing a three-month project to identify, collect, document and communicate policies and procedures in key functional areas. The project will address three types of policies: general, office and committee-specific. It will also initiate a process for regularly reviewing and updating policies. This work will supplement the roles and responsibilities defined by the Ministry & Personnel Committee and policy-related work already done by some committees. It will likely dovetail with the work of the Visioning Committee that Scott is championing.

GROWING in FAITH – UPCOMING COURSES AT DEER LAKE

- **Guided Meditation: “Wholeness Here and Now”**

Last year, Ross Guthrie led a very popular guided meditation course at Deer Lake. “Wholeness Here and Now” is the eagerly anticipated second course. Mark your calendars! This series will provide opportunities for participants to direct their attention inward, to be present to the wholeness within. Through various forms of meditation, we will open ourselves to experience this wholeness, and to receive the peace, freedom and love that are constantly offered to us. We will come to realize that nothing about ourselves needs to be changed in order to experience these qualities. Wholeness is, in fact, the foundation of our being.

Cost: \$30/ participant with a minimum registration of 10 people. Sign up in the fellowship hall.

Dates: 4 Wednesday evenings in February (February 1,8,15,22) from 7 – 8:30 p.m.

Through his Healing Touch practice and through the various workshops and courses that he facilitates, Ross Guthrie's intention is to create a space in which participants can taste and receive the wholeness and peace that are always present for them. To learn more about Ross, you can visit his website at www.rossguthrie.com.

- **A LENTEN STUDY COURSE – “Through the Valley of Darkness: Discerning God’s Presence in Difficult Times”**

This biblically rooted course will run through the weeks of Lent on four Wednesday evenings. During this period the theological question of “where was God?” in the difficult moments of life will be discussed through the lens of scripture along with some contemporary resources.

Dates: March 8 – 29 (4 sessions) from 7 – 9 p.m.

Cost: \$10 to cover the cost of refreshments

Minimum registration will be six people. Sign up in the fellowship hall.

- **“Making Disciples” CONFIRMATION CLASSES**

The New Year will be the beginning of an exciting gathering for 10 individuals who will participate in confirmation classes. Confirmation is the process of owning one’s faith that has grown since the vows taken in one’s baptism or is the process one enters who seeks adult baptism. This occurs in a regular gathering of prayer and study at the church. The confirmation gatherings will meet every 2-3 weeks on Sunday morning from 9 a.m. – 10 a.m. This gathering will adopt a ‘mentorship model’ which invites both the minister and a long-term member of the church to be participant-learners with the confirmands. The growth and faith of these folk will be celebrated at service of confirmation in the spring. If anyone is still interested in joining this group please speak with Rev. Scott before January 15th.

Sojourning with First

First United in Downtown Vancouver is developing a strategic plan to revitalize, transform and rejuvenate their church. They have recently completed just over a year of visioning in which they identified themselves as having a small, aging congregation in need of energy for new direction but feeling there is little time to grow in a “traditional way”. For the most part First United’s neighbourhood is unable to help by providing leadership, gifts, energy and finances.

First United has developed a “church planting” concept they call “Sojourning with First” to help build and reinforce their congregation. They are approaching churches with a history of support, such as Deer Lake, and asking that one household be spared and sent to First United for a time. The church planting is an invitation to that family to join First United on their walk in faith, to provide leadership, spiritual energy, and financial support for three to four years. Such a family would offer First United the Gift of Nurture. After three or four years this family would return to their previous church and share their experiences. A journey with compassion builds compassion.

First United is encouraging churches to sponsor one household as an intentional sacrifice. It is their hope to receive five such families from various congregations over the next year. All who are interested may contact Rev. Phillip Cable at First United for further information and a list of strengths and leadership roles the church is seeking.

Merry Christmas



What are these kids hiding? You'll have to wait until the March issue of Lakeshore Lines to find out.

Sax Among Friends II

By Garry F

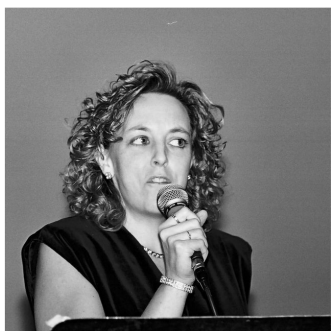
“What a joyous occasion!” one guest exclaimed after the concert. “I will definitely bring my husband next time. He would have *loved* this!”

“The music was amazing!” “Everyone obviously enjoyed themselves. This church has so much musical talent!” “It was easily worth twice the cost of admission,” others enthused.

Indeed, the walls of Deer Lake United Church reverberated with a joyous noise on the evening of November 19th. The occasion was Sax Among Friends II, the second of what will hopefully be an annual event for many years to come. Conceived and organized by Don W , SAF, as he refers to it, played to an overflow crowd and raised \$1,250 for further improvements to the sound system.

Naomi S flew in from Houston, Texas to emcee the event. Twelve choir members, four youth and six guest artists played and sang an eclectic collection of music. Selections included old hymns, classical, folk, jazz, show tunes and blue grass. The guest artists played alto sax, jazz piano, electric bass, drums, ukulele and banjo to supplement our own talented musicians. The combination was magical. There was something for everyone, and everyone left with a smile on their face. No-one was happier than Good Ol’ Don, though. He was on a natural high and didn’t come down for at least two days.

Thank you to everyone who performed or worked behind the scenes to make SAF such a joyous success. And an enormous thank you to Don for making it happen. I can hardly wait until next year!





Christmas Breakfasts

By Garry F

Do Deer Lakers like to eat? You know we do! That is why seventy-three men and women turned out for pre-Christmas breakfasts this year. Eighteen men enjoyed Breakfast with Bill at Gerald P's on November 26th, and fifty-five (yes, fifty-five!) women enjoyed Women's Breakfast at Joan D's on December 3rd.

The numbers speak for themselves: Either the women like to eat more than men do, or they like each others' company better than men do. You decide. Either way, all those who participated owe Gerald and Sandra, and Joan and Bruce a huge thank you for hosting these two very successful events.



Just a sampling of the fifty-five women who enjoyed breakfast at the home of Bruce and Joan D.



Eighteen men ready to enjoy a hearty breakfast at the home of Gerald P and Sandra L.



Joan and Denise pose with Santa

“A DAY CELEBRATING ... LOVE”

Sunday February 19th, 2006

If we believe that “God is love”, then come and spend the day ‘round the lake as we gather to experience the meaning and living of that text from 1 John 4:16.

- **SUNDAY WORSHIP** (10:30 – 11:45)
Worship centred around the theme of “God is love”
- **LUNCH** (following worship)
A lunch with your growing, loving church family
- **MARRIAGE ENHANCEMENT WORKSHOP** (2 hours in length following lunch)
“RESPONSIBLE AWARENESS ...FROM UNDERSTANDING AND ACCEPTANCE TO DEEP LOVE”
with Dr. Gloria McArter & Rev. Scott Turnbrook

Do you remember your wedding day? Most DLUC folk know that weddings are a deep honour and responsibility for us to be invited to participate in. In fact many of you have chosen Deer Lake to play this role in your life when you were married here a few (or many) years ago. In our effort to honour this deep responsibility, we provide significant wedding preparation as the couple meet with the minister as well as attending the Marriage Project course in Burnaby. While a *wedding* lasts only for a (wonderful) *day*, we are now beginning to offer support for couples in their *life of marriage*.

Deer Lake’s first (and hopefully annual) Marriage Enhancement Workshop will provide an opportunity for couples to ‘fine tune’ their lives in marriage. The workshop is for couples who know that healthy marriages do not happen by accident, but are nurtured with love and intentions. This afternoon workshop will also provide an opportunity to hear from a psychologist whose practice includes working with couples who desire to nurture and support a healthy life in marriage.

Dr. McArter has been in private practice for the past 15 years in New Westminster and has been very involved with the United Church in various roles. Her doctoral dissertation involved research in the areas of spirituality and personality.

There is a suggested donation for this workshop of \$10 per participant, which will be donated to the Marguerite Dixon Transition House. The MD House is an important ministry that began in our church basement, and now provides advocacy, support and new beginnings for women and their children fleeing situations of domestic abuse.

DLUC Young Families Skating Event

Sunday January 15th 2006
Moody Park Arena
701 - 8th Ave. New Westminster
Time: 1:30-3:30pm

Prices for this outing are as follows...

Admission:		Skate Rental is \$2.50 per person
Child (3 and under)	Free	
Child (4-12)	\$1.85	
Adult	\$4.00	

The Arena will offer us a reduced rate on admission and skate rentals, however I need to know numbers of families attending and tell Moody Park by Jan 12th.

On the skating day, please tell the receptionist you are with Deer Lake United Church and Elizabeth will collect the money. We have our own change room and are allowed to bring food. Pot Luck Snacks and Hot Chocolate to share!

Please RSVP Elizabeth C @ 604 by Jan. 10th.



Submissions

Lakeshore Lines will be published four times each year. Submissions may be made to one of the Communications Committee members (preferably by email):

Garry Forwood: gforwood@telus.net
Jim Young: jimyoung@shaw.ca

Next Issue: Mar, 2006

Submission Deadline Sunday, Mar 19th